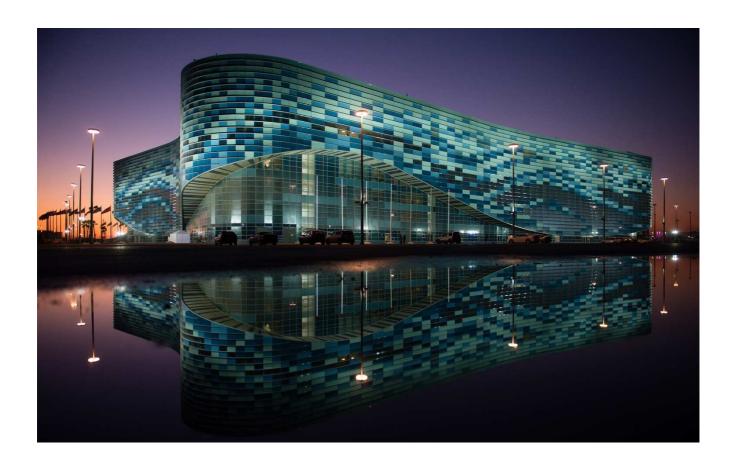


## Annex №1 to the document on the International Taekwon-Do Cup



6<sup>th</sup> – 9<sup>th</sup> June 2019 Sochi, Russia





This document was made to addition of regulatory document for the International Taekwon-Do Cup, which includes additional competition categories.

Date: all these categories will be held on 6<sup>th</sup> June 2019

## **Additional categories**

Boys and Girls 2 bor	rn between 012-2014				
Pattern					
(We will divide the cate	gories for Four people)				
Boys	Girls				
10 gup	10 gup				
9 gup	9 gup				
over 8 gup	over 8 gup				
Boys and Girls born	between 2010-2011				
Patt	ern				
(We will divide the cate	egories for Four people)				
Boys	Girls				
10 gup	10 gup				
9 gup	9 gup				
8-7 gup	8-7 gup				
over 6 gup	over 6 gup				
Juniors born between 2002-2005					
Pattern					
Male	Female				
10-9 gup	10-9 gup				
8-7 gup	8-7 gup				
6-5 gup	6-5 gup				
Sparring					
Male	Female				
8-5 gup (45kg, 50kg, 56kg, 62kg, 68kg,	8-5 gup (45kg, 50kg, 55kg, 60kg, 65kg,				
75kg, over 75kg)	over 65kg)				
Seniors born in/before 2001					
Pattern					





Male			Female				
10-7 gup		10-7 gup					
6-5 gup		6-5 gup					
Sparring							
Male Female							
8-5 gup (57kg, 63kg, 70kg, 78	Rko	8-5 gup (50kg, 56kg, 62kg, 68kg,					
85kg, over 85kg)	σ <b>ι</b> ς,	75kg, over 75kg)					
Power Tests							
	Tower	16363					
Boys			Girls				
Born between 2012-2014 (2)*		Born betwe	een 2012-2014	· (2)*			
Born between 2010-2011 (2)*			een 2010-2011	, ,			
Born between 2009-2008 (2)*		Born between 2009-2008 (2)*					
Born between 2007-2006 (2,4)			een 2007-2006	` '			
* Numbers correspondi	ng to the ty	pe of impact	are shown in br	ackets			
·		, 4. Dolio Ch	•				
All athletes pe			al simulator.				
Juniors							
Male	Female						
6-1 gup		6-1 gup					
<u> </u>		over 1 <sup>st</sup> degree					
over 1" degree		over 1° deg	gree				
over 1 <sup>st</sup> degree Born between 2002-2005 (2,3)	,4)*	•		(2,3,4)*			
over 1 <sup>st</sup> degree Born between 2002-2005 (2,3)	,4)* <b>Seni</b>	Born between	gree een 2002-2005	(2,3,4)*			
	•	Born between		(2,3,4)*			
Born between 2002-2005 (2,3	•	Born between Born Born Born Born Born Born Born Bor	Female	5 (2,3,4)*			
Born between 2002-2005 (2,3,	•	Born between	Female	5 (2,3,4)*			
Born between 2002-2005 (2,3,4)  Male 6-1 gup	•	Born between Born Born Born Born Born Born Born Bor	Female				
Male 6-1 gup over 1 <sup>st</sup> degree Born in/before 2001 (2,3,4)*  * Numbers correspondi	Seni	Born between Born between Born between 1st degree Born in/between Born between Born	Female gree fore 2001 (2,3,	,4)* rackets			
Male 6-1 gup over 1 <sup>st</sup> degree Born in/before 2001 (2,3,4)*  * Numbers correspondi Executed strikes:	Sening to the ty	Born between the Born between 1st deg Born in/between Born in/	Female gree fore 2001 (2,3, are shown in br Seniors-male	,4)* rackets Seniors-female			
Male 6-1 gup over 1 <sup>st</sup> degree Born in/before 2001 (2,3,4)*  * Numbers correspondi Executed strikes: 2. Sonkal Tarihi	ng to the typ Juniors-male 2 boards	Born between the Born between 1 strains degree of the Born between the Born in/between	Female gree fore 2001 (2,3, are shown in br Seniors-male 3 boards	,4)* rackets Seniors-female 2 boards			
Male 6-1 gup over 1 <sup>st</sup> degree Born in/before 2001 (2,3,4)*  * Numbers correspondi Executed strikes: 2. Sonkal Tarihi 1. Jup Chagi	Sening to the ty	Born between the Born between 1st deg Born in/between Born in/	Female gree fore 2001 (2,3, are shown in br Seniors-male	,4)* rackets Seniors-female			
Male 6-1 gup over 1 <sup>st</sup> degree Born in/before 2001 (2,3,4)*  * Numbers correspondi Executed strikes: 2. Sonkal Tarihi 1. Jup Chagi 2. Dolio Chagi	ng to the typ Juniors-male 2 boards 3 boards 2 boards	Born between the Born between the Born between the Born in/between	Female gree fore 2001 (2,3, are shown in br Seniors-male 3 boards 4 boards 3 boards	s4)* rackets Seniors-female 2 boards 3 boards			
Male 6-1 gup over 1 <sup>st</sup> degree Born in/before 2001 (2,3,4)*  * Numbers correspondi Executed strikes: 2. Sonkal Tarihi 1. Jup Chagi 2. Dolio Chagi	ng to the typ Juniors-male 2 boards 3 boards 2 boards ecial Tech	Born between the state of the s	Female gree fore 2001 (2,3, are shown in br Seniors-male 3 boards 4 boards 3 boards	s4)* rackets Seniors-female 2 boards 3 boards			
Male 6-1 gup over 1 <sup>st</sup> degree Born in/before 2001 (2,3,4)*  * Numbers correspondi Executed strikes: 2. Sonkal Tarihi 1. Jup Chagi 2. Dolio Chagi	ng to the typ Juniors-male 2 boards 3 boards 2 boards	Born between the state of the s	Female gree fore 2001 (2,3, are shown in br Seniors-male 3 boards 4 boards 3 boards	s4)* rackets Seniors-female 2 boards 3 boards			
Male 6-1 gup over 1 <sup>st</sup> degree Born in/before 2001 (2,3,4)*  * Numbers correspondi Executed strikes: 2. Sonkal Tarihi 1. Jup Chagi 2. Dolio Chagi Sp	ng to the typ Juniors-male 2 boards 3 boards 2 boards ecial Tech	Born between the state of the s	Female gree fore 2001 (2,3, are shown in br Seniors-male 3 boards 4 boards 3 boards	s4)* rackets Seniors-female 2 boards 3 boards			
Male 6-1 gup over 1 <sup>st</sup> degree Born in/before 2001 (2,3,4)*  * Numbers correspondi Executed strikes: 2. Sonkal Tarihi 1. Jup Chagi 2. Dolio Chagi Sp	ng to the typ Juniors-male 2 boards 3 boards 2 boards ecial Tech	Born between the state of the s	Female  gree fore 2001 (2,3, are shown in br Seniors-male 3 boards 4 boards 3 boards Female	s4)* rackets Seniors-female 2 boards 3 boards			





Born between 2002-2005 (1,2,3)*		Born between 2002-2005 (1,2,3)*					
Senioars							
Male		Female					
6-1 gup		6-1 gup					
6-1 gup over 1 <sup>st</sup> degree		over 1 <sup>st</sup> degree					
Born in/before 2001 (1,2,3)*		Born between 2002-2005 (1,2,3)*					
<b>Executed strikes:</b>	Juniors-male	Juniors-female	Seniors-male	Seniors-female			
1. Nopio Up Chagi	240 cm	200 cm	250 cm	210 cm			
2. Nomo Jup Chagi	120 cm	100 cm	130 cm	110 cm			
3. Timio Dolio Chagi	220 cm	180 cm	230 cm	190 cm			

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## We look forward to see you in Sochi, Russia in June 2019!

